

ARE YOU LIVING WITH CANCER?

Contact us at DPRC (Drogheda Physiotherapy & Rehabilitation Clinic) to join our 5 step Cancer rehabilitation programme.



Our aim is to help those who have had cancer or are living with cancer to become more active and improve their overall health.

We will design a rehabilitation class or a personalised programme that can support you to engage in suitable, meaningful and beneficial activities.

FOR MORE INFORMATION PLEASE VISIT US AT WWW.DPRC.IE OR CALL/WHATSAPP 087 775 0872

OUR GOALS AT DPRC

- Enable and encourage Cancer survivors to live active independent lives during and after cancer treatment.
- Make physiotherapy rehabilitation more accessible to Cancer survivors in our community.
- Connect closely with acute HSE services including Consultants.
- Facilitate scar management after surgery or radiation and prevent cording.

LYMPHOEDEMA THERAPY



At DPRC we offer lymphatic drainage massage and bandaging for lymphoedema. We will use a technique that helps reduce limb swelling and promotes better function.

SOME HELPFUL LINKS

WWW.CANCER.IE

WWW.STJAMES.IE/CANCER

WWW.CANCERREHABILITATION.IEWWW2.HSE.IE/CONDITIONS/LYMPHOEDEMA

[HTTPS://WWW.DPRC.IE/HOME-EXERCISES.HTML](https://WWW.DPRC.IE/HOME-EXERCISES.HTML)

WWW.HSE.IE/ENG/SERVICES/LIST/2/PRIMARYCARE/LYMPHOEDEMA/LYMPHOEDEMA-GUIDELINES.PDF

WWW.DPRC.IE
087 775 0872
INSTAGRAM: @DPRC.IE

DPRC
Drogheda Physiotherapy & Rehabilitation Clinic